

Women's Leadership Circles

A Transformative Group Coaching Experience



A SIX MONTH LEADERSHIP PROGRAM FROM isConsulting



isConsulting



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“ A woman with a voice is by definition a strong woman. But the search to find that voice can be remarkably difficult. ”
– Melinda Gates

This program is a response to the growing complexity and challenges surrounding women's advancement into senior leadership positions. The internal and external barriers that women have to navigate are coming at a great cost. Tackling this pervasive issue requires a deeper and more novel approach.

Through a unique facilitated process and program design, **Women's Leadership Circles** empower participants to surface unconscious biases, manifest new possibilities, and implement personalized strategies that produce meaningful and sustainable results. To accelerate this work, we use the Enneagram to determine each participant's core personality "type" and the strengths, patterns and areas of potential development. Among other content, together we explore the essential developmental topics of mindfulness, inner critic, creative expression, and wholehearted leadership.

The program's aim is to enable women to achieve more fulfilling leadership and work experiences. When this happens, organizations reap the rewards that come from these women's heightened contributions. The ultimate gain is a work environment that is inclusive, emotionally intelligent, and fosters well-being.



envision

explore

succeed



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ENGAGING IN THIS PROGRAM WILL ENABLE YOU TO:

- Live and lead more authentically.
- Attain clarity about your personal leadership identity, purpose and goals.
- Build your own leadership presence.
- Bring original thinking and voice to organizational demands and opportunities.
- Increase confidence to influence the challenges of working in dynamic environments.
- Foster appreciation for inclusive values in the workplace such as collaboration, compassion, and communication.

PROGRAM STRUCTURE:

- Six monthly group meetings from 9:30am – 4:30pm. Lunch will be provided.
- Monthly 1:1 hour-long coaching sessions with Ipek Serifsoy or Lara Heller. First coaching session occurs prior to first group session for two hours. (Total of seven hours of 1:1 coaching).
- Monthly peer coaching meetings.
- Maximum of 16 participants, no more than four from one company.

GROUP MEETING DATES:

ALL SESSIONS ARE 9:30 TO 4:30:

Monday, November 5, 2018

Monday, December 3, 2018

Friday, January 18, 2019

Friday, February 15, 2019

Monday, March 18, 2019

Friday, April 26, 2019*

Meetings will be held at the

The Hivary

38 Miller Avenue, #20

Mill Valley, California, 94941

www.thehivary.com

***Note:** 4/26/19 meeting will be held in a Bay Area location to be announced.

PROGRAM PRICE:

\$6250

To APPLY [click here](#).

To learn more about this program please contact Ipek Serifsoy at ipek@isconsultingco.com; **415-305-9184** or Lara Heller at lara@laraheller.com; **+972-58-782-8985**.

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About Ipek Serifsoy, PhD - Founder of WLC, Program Coach and Facilitator

Ipek is a bridge between the practical and changing worlds of business. Her multidisciplinary background enables her to relate to traditional business perspectives while introducing clients to more innovative thinking, preparing them to embrace new possibilities on an ever-changing terrain.

Ipek's vision and commitment is to a 50/50 landscape where women contribute to leadership in equal numbers as men. She firmly believes that this more balanced and inclusive reality is a key source of collective wisdom for organizations and society-at-large.

Over 15 years ago, Ipek moved from investment banking to the human side of business. After ten years on Wall Street, Ipek's journey took her into the world of psychology, spirituality and creativity. She has designed a unique and highly effective approach to leadership coaching and organizational consulting. In the last year, she became President and Owner of the Deep Coaching Institute, an advanced coach training school, blending her passion for teaching and doing.

As part of her career change, Ipek spent a year in theological seminary, earned an MA in Psychology, a PhD in Organizational Leadership, and completed numerous certification programs including the Enneagram-Based Deep Coaching Certification. Ipek focuses her personal and professional development on studying leadership, expressive arts, communication, participative learning methodologies and ancient wisdom traditions, to develop approaches that awaken inherent potential and capacity for greatness.

Ipek's client list includes: Adobe, Agilent, Applied Materials, BEA Systems, Chevron, EMC, Estee Lauder, Genentech/Roche, Oracle, PayPal, Pfizer, Revlon, VMware, Wells Fargo and Workday.

About Lara Heller, Program Coach and Facilitator

Lara is an executive and life coach. Her clients span a broad range of industries including biotech, finance, government, technology and education. These men and women have started companies, are Vice Presidents at large software and hardware enterprises, run product lines, manage specialty services of large companies, and counsel employees and individuals. Many come to Lara to understand and fully engage their leadership capacities so they can better direct, lead counsel and teach the people managing their enterprises.

Lara's coaching philosophy is steeped in the Enneagram – an ancient and profound tool for understanding human personality. She has been studying the insights and benefits of the Enneagram for over twenty years including a formal certification from the Deep Coaching Institute –an Enneagram-based advanced coach training school. Lara uses the Enneagram to help clients recognize and bring forth their fullest potential and as a result they are able to do so for those around them. Lara comfortably weaves spiritual exploration into all of her coaching engagements.



Lara's background includes an undergraduate degree in psychology; a teaching certificate and several years as a teacher; personal development work including numerous workshops on coaching theory and practice; raising two children, and the most recent seven years as a full-time coach. She teaches small group Enneagram courses and an on-going course on deepening your life through the Enneagram.